



the  
Dental Learning  
CENTRE

# If I had my Life to Live Over

- I'd dare to make more mistakes next time.
- I'd relax.
- I would limber up.
- I would be sillier than I have been this trip.
- I would take fewer things seriously.
- I would take more chances.
- I would take more trips.
- I would climb more mountains and swim more rivers.
- I would eat more ice cream and less beans.
- I would perhaps have more actual troubles, but fewer imaginary ones.

You see, I'm one of those people who lives sensibly and sanely hour after hour, day after day. Oh, I've had moments. If I had it to do over again, I'd have more of them. In fact, I'd try to have nothing else. Just moments, one after another, instead of living so many years ahead of each day.

I've been one of those people who never goes anywhere without a thermometer, hot water bottle, raincoat, even parachute. If I could do it all again, I would travel lighter than I have.

If I had my life to live over, I would start barefoot earlier in the spring and stay that way later in the fall. I would go to more dances. I would ride more merry-go-rounds. I would pick more daisies.

– *Nadine Stair & Elizabeth Lucas*

I am convinced that life is 10% what happens to me  
And 90% how I react to it.  
And so it is with **you**.